

## WHAT TO BRING, WHAT NOT TO BRING, WHAT TO WEAR, AND RIVER SAFETY

**Swimming:** All participants should be able to swim. The water is usually crystal clear, but great attention should be paid to rocks and trees under water surface. Also, recognize strong currents and congested areas. Jumping from rock ledges and trees is not suggested, yet if it is done, extreme precautions should be taken to avoid injuries.

**Life Jackets:** They will be provided to those that request a PFD. The PFD is not a requirement on smaller streams. Anyone who is the least bit worried, please ask. We gladly accommodate. We do provide PFD's for children. PLEASE ASK FOR YOUR LIFE JACKET BEFORE LEAVING FOR YOUR RIVER TRIP MAKING SURE THAT IT FITS PROPERLY AND THAT IT IS IN TACT.

**Footwear:** Sneakers or river shoes should be worn at all times to avoid foot injury. Socks should be worn if there is a threat of cool weather.

**Appropriate Clothing:** Shorts or a bathing suit are a necessity. Shirts may be suggested to shield the sun in case you get too much. A windbreaker and a poncho are good ideas in case of surprises. For cooler weather, light layers of wool or polypropylene are great. Wet suits are useful, but not a necessity.

**Waterproof Sunscreen:** Sunscreen or tanning oils are highly recommended. Sunburns come easily when having an easy day on the river, even on hazy days. Hats and a shirt are good to have around.

**Eyeglasses or Sunglasses:** Straps should be worn to protect from loss in the water. They are available at the Main Store.

**Lunch or Snacks:** These should be brought in a small cooler to keep them cool and dry. The cooler should have an attached lid. Try not to bring anything that perishes easily. Styrofoam coolers are not recommended.

**Drinks, Juices, and Water:** Alcohol is permitted, please be careful. Be sure to bring plenty of water, soda, and juices to ward off dehydration. **\*GLASS CONTAINERS ARE PROHIBITED ON MISSOURI STREAMS!!\***  
Missouri Statute 306.325

**Leave All Your Valuables At Home:** Lock any valuables that were brought in your car out of sight.

**Car Keys:** It is never a good idea to take your keys on the river. If you do, make sure that they are in a safe and secure place.

**Water-Proof Containers and Bags:** "Pickle Barrels," buckets with lids, zip-lock bags and doubled garbage bags are good ways to keep objects dry. Bass' store offers dry bags for sale.

**Tie for Safety:** Tie your gear to the craft with string or rope.

**Cameras:** Water-proof cameras, unless proper containers are brought.

**Litter:** PLEASE DO NOT LITTER THE RIVER! Bags are supplied as standard equipment with each unit. Coolers or similar containers sealed to keep the contents from spilling are required. If you capsize, please retrieve ANY loose articles. Failure to do so is a class C misdemeanor according to Missouri Statute 306.325